

BACK TO KURA

Nau mai Haere mai whānau



RANGATAHI FUN DAY

SATURDAY FEBRUARY 3RD 10AM - 2PM REREATUKAHIA AWA

Guidance & support around online stationary, uniform ordering & setting up a kindo account (KKPS only) - Call into the office anytime on Wednesday 31st January

Cheap Healthy KAI IDEAS FOR THE POUAKA KAI -

Watch our Social Media for these

KOHA HAIRCUTS FOR TAMARIKI & RANGATAHI RETURNING TO KURA ONLY - Contact our office for an appointment

hours

Monday 8am - 4:30 pm Tuesday 8am - 4:30 pm Wednesday 8am - 4:30pm Thursday 8am - 4:30pm Friday 8am - 4:30pm

Address: 111 Main Road. Katikati

Email:

admin@tamawhariua.org.nz

Phone: (07) 549 0760

Website:

www.tamawhariua.com Facebook: Tamawhariua **Health & Social Services** Tiktok: @Tamawhariua **Instagram:** *Tamawhariua* **Health & Social services**



Tamawhariua Rereatukahia Awa Day



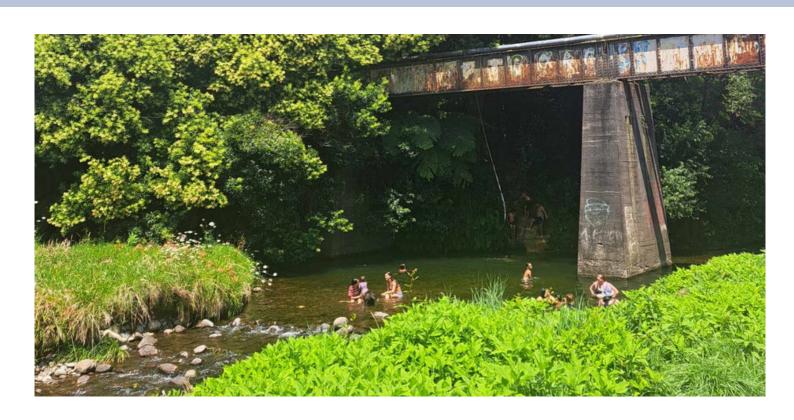




BBQ DAY AT THE AWA

A whangungatanga day at the awa. sausage sizzles for the whānau that came down to Rereatukahia awa.





Whakatau For new Whānau ora Kaiarahi based at Otawhiwhi Marae







Tamawhariua tautoko Kaimahi, Claire Taikato at Otawhiwhi Marae. Extending Tamawhariua services towards Otawhiwhi. Ngā Mihi Nui to Pacific Secondary School kaimahi for supporting this whakatau.







Kohitātea (January) Kaupapa



To view our Kohitātea Panui for Healthy Habits and better choices click the Kowhai buttons

Facebook

Instagram

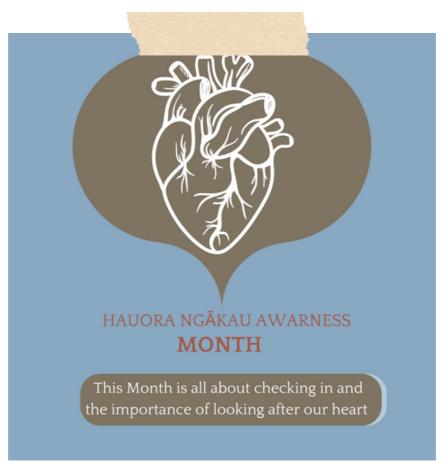






Upcoming Kaupapa

Hui-tanguru (February) Kaupapa



To view our Hui-tanguru Panui for Hauora Ngākau Awareness month click the Kowhai buttons

Facebook

Instagram











HBU CLINIC

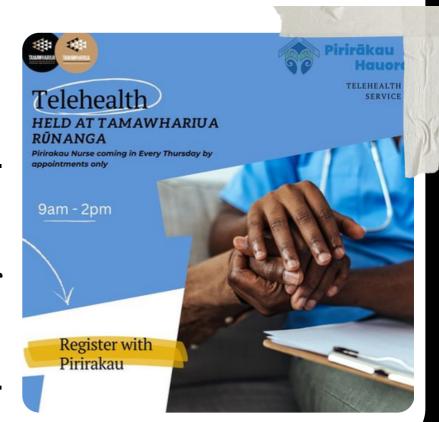
Re-opens on Tuesday February 13th

Every Thursday 9am - 2pm

[Appointments only]

Call Pirirakau to make your appointment

Ph: 07 552 4573







HIKOI CLUB

Every Thursday at 11am. Meet out the front of the Rūnanga with Kimi Benton

Here at Tamawhariua we have accredited quit card providers who are here to tautoko your journey in giving up smokes











Our safe, friendly and reliable companion driving service offers independence and peace of mind.



Total Mobility Scheme cards accepted, offering discounts in most regions across New Zealand.

Driving miss daisy

Total mobility scheme

Get in touch to find out more







Click the red button to go on their website

Contact Number: 0800 948 432





OUR SERVICES

Kaiwhakahaere- Valarie Uilou Administrator- Colleen Fleming Administrator/Whānau Kaiwhakatau-Harmony Samuels Adult Mental Health- Kimi Benton Whānau ora Kaiarahi ki te Katikati-

Jesse Samuels

Māmā & Pēpi Service- Lillian Mafi Whānau ora Kaiarahi ki te Otawhiwhi-

Claire Taikato

Youth at Risk- Thomasina Samuels ICAYMHS- Steph Burgess

Peer Support & Advocacy - Sandy Coley Whanau Tāutoko - TBC

Social Media:







